



"Helping Everyday People Achieve Growth, Healing, and Change"
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Clinical Supervision Interest Form

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Date: \_\_\_\_\_

Name: \_\_\_\_\_ (Print) DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Street State Zip code

Best Contact Number: \_\_\_\_\_ Best time of day to contact: \_\_\_\_\_

Email Address: \_\_\_\_\_

Check this box if you agree to allow text/email reminders for appointments given the aforementioned contact information

Directed Experience Site and Address:
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

Schedule: \_\_\_\_\_

Onsite Supervisor: \_\_\_\_\_

Master's Degree Program: \_\_\_\_\_

If seeking consultation, what is your license type and number?
\_\_\_\_\_

Modality of Supervision Preferred (Check as many as applies):
Individual/Face-to-face Individual/Web-based Group Supervision Other: \_\_\_\_\_

How many hours of supervision are needed? \_\_\_\_\_

What is the expected duration of the supervisory relationship? \_\_\_\_\_

Previous Directed Experience Site, Onsite Supervisor, Clinical Supervisor name and number of supervision hours obtained (Be sure to attached an additional sheet if more space is needed):
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_

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**Please be sure to submit a recent picture, unofficial transcript, copy of state license (if applicable), liability/malpractice insurance, and copy of your resume with this form**

**ALL FORMS AND REQUESTED DOCUMENTS MUST BE COMPLETED AND SUBMITTED TO THE SUPERVISOR AT THE 1<sup>ST</sup> SUPERVISION MEETING**

Instructions Please provide your responses to the following statements and questions below:

Ethics: Discuss your personal and professional ethics by answering the following questions:

- a. Describe one ethical dilemma that you have faced thus far and how was it resolved?
- b. How have you addressed problems regarding professional boundaries in the past?
- c. Have there been any challenges that you have encountered that may have interfered with your ability to perform your role as a mental health provider?
- d. Have you recently experienced any malpractice lawsuits or other incidents that have affected your ability to practice? If so, explain below:
- e. Are you familiar with the ethical guidelines of ACA and/or AAMFT?..
- f. How often do you monitor the subject of ethics?

Theoretical Orientation: Discuss your theoretical orientation by answering the following questions:

- g. What is your theoretical orientation and how do you perceive its impact on the therapeutic process? If you feel that your theoretical orientation has evolved, please explain how and why?

*Adapted from "Play Therapy Supervision Theory and Practice" by A. Drewes, H. Helm, T. Post Sprunk, and A. Stewart.*

h. How do you apply your theory of preference in the population you currently work with?

i. What is the nature of your work or current involvement with mental health counseling?

Personal Qualities That Affect Therapy: Discuss aspects of your personality that may impede on the therapeutic process by answering the following questions and by providing comments to the statements below:

j. What client issues do you feel unqualified or incapable of treating effectively? Why?

k. What aspects of your personal history positively or negatively influence your personal skills as a therapist?

l. List current problems in your life that you feel may interfere with your ability to effectively practice mental health counseling.

*Adapted from "Play Therapy Supervision Theory and Practice" by A. Drewes, H. Helm, T. Post Sprunk, and A. Stewart.*

m. Describe a case where you felt most effective? What made you particularly effective and why?

n. What types of cultural or diversity issues have you had experience addressing?

II. Supervision Experience: Answer the following questions related to previous experiences in supervision.

a. What kinds of supervision have you experienced in your degree program or work history?

b. Which form of supervision have you found most useful? Why?

c. What are the current goals for the supervision that you seek today (e.g. what do you wish to learn? Which skills do you hope to develop?)

d. What are your long-term goals for supervision and practice?

